



2020 World Deaf Athletics Championships Competition Entry Standards

(31 October 2019)

Competition Entry Standards must be achieved during the qualification period from **1 January 2019** to the **18 June 2020** in a competition approved by either the IAAF or a National Athletic Federation.

Competition Event	Men		Women	
	"A" Standard	"B" Standard	"A" Standard	"B" Standard
100m	11.70	11.90	13.50	13.80
200m	23.70	24.20	27.70	28.40
400m	52.50	53.90	1:02.20	1:04.20
800m	2:03.00	2:07.00	2:27.50	2:33.00
1500m	4:13.00	4:23.00	5:08.00	5:22.00
5000m	15:48.00	16:33.00	19:34.00	20:38.00
10,000m	33:15.00	35:08.00	41:51.00	44:35.00
100m Hurdles			15.60	16.05
110m Hurdles	15.60	15.95		
400m Hurdles	57.60	59.40	1:09.00	1:11.50
3000m Steeplechase	9:55.00	10:22.00	12:14.00	12:52.00
High Jump	1.78	1.72	1.44	1.38
Pole Vault	3.80	3.60	2.00	1.80
Long Jump	6.32	6.10	5.05	4.84
Triple Jump	13.30	12.80	10.60	10.13
Shot Put	13.20	12.50	10.80	10.15
Discus Throw	38.00	35.00	34.00	31.00
Hammer Throw	46.00	42.00	39.00	35.20
Javelin Throw	48.00	44.00	33.50	30.30
Heptathlon			3300	3000
Decathlon	4800	4400		
Marathon	3:15:00		4:00:00	
4x100m Relay	No Entry Standard Required		No Entry Standard Required	
4x400m Relay	No Entry Standard Required		No Entry Standard Required	
4x400m Relay (Mixed)	No Entry Standard Required			