

# **TOKYO 2020 PARALYMPIC GAMES QUALIFICATION STANDARDS**

## **MEN**

| <b>No</b> | <b>Event Name</b> | <b>Eligible Classes</b> | <b>High Performance Standard</b> | <b>Minimum Entry Standard</b> |
|-----------|-------------------|-------------------------|----------------------------------|-------------------------------|
| 1         | 100m T11          | T11                     | 11.52                            | 11.90                         |
| 2         | 100m T12          | T12                     | 11.10                            | 11.50                         |
| 3         | 100m T13          | T13                     | 11.13                            | 11.50                         |
| 4         | 100m T33          | T33                     | 20.90                            | 24.00                         |
| 5         | 100m T34          | T34                     | 16.38                            | 17.30                         |
| 6         | 100m T35          | T35                     | 13.52                            | 15.60                         |
| 7         | 100m T36          | T36                     | 12.51                            | 13.70                         |
| 8         | 100m T37          | T37                     | 11.93                            | 12.80                         |
| 9         | 100m T38          | T38                     | 11.58                            | 12.50                         |
| 10        | 100m T47          | T45/46/47               | 11.06                            | 11.60                         |
| 11        | 100m T51          | T51                     | 22.74                            | 28.00                         |
| 12        | 100m T52          | T52                     | 17.96                            | 20.00                         |
| 13        | 100m T53          | T53                     | 15.30                            | 16.20                         |
| 14        | 100m T54          | T54                     | 14.31                            | 14.70                         |
| 15        | 100m T63          | T42,T63                 | 13.09                            | 15.60                         |
| 16        | 100m T64          | T44,T62/64              | 11.47                            | 12.00                         |
| 17        | 200m T35          | T35                     | 28.29                            | 32.00                         |
| 18        | 200m T37          | T37                     | 24.22                            | 26.00                         |
| 19        | 200m T51          | T51                     | 42.84                            | 51.00                         |
| 20        | 200m T61          | T61                     | 28.00                            | 28.50                         |
| 21        | 200m T64          | T44, T64                | 23.65                            | 25.10                         |
| 22        | 400m T11          | T11                     | 54.34                            | 57.00                         |
| 23        | 400m T12          | T12                     | 50.40                            | 54.00                         |
| 24        | 400m T13          | T13                     | 51.00                            | 54.00                         |
| 25        | 400m T20          | T20                     | 49.87                            | 52.60                         |
| 26        | 400m T36          | T36                     | 59.36                            | 01:04.00                      |
| 27        | 400m T37          | T37                     | 55.12                            | 01:00.00                      |
| 28        | 400m T38          | T38                     | 54.36                            | 01:00.00                      |
| 29        | 400m T47          | T45/46/47               | 50.15                            | 53.50                         |
| 30        | 400m T52          | T51/52                  | 01:03.27                         | 01:30.00                      |
| 31        | 400m T53          | T53                     | 50.74                            | 54.00                         |
| 32        | 400m T54          | T54                     | 46.75                            | 48.50                         |
| 33        | 400m T62          | T62                     | 55.15                            | 01:10.00                      |
| 34        | 800m T34          | T33/34                  | 01:47.49                         | 02:03.00                      |
| 35        | 800m T53          | T53                     | 01:40.69                         | 01:51.00                      |

| No | Event Name        | Eligible Classes | High Performance Standard | Minimum Entry Standard |
|----|-------------------|------------------|---------------------------|------------------------|
| 36 | 800m T54          | T54              | 01:33.00                  | 01:37.00               |
| 37 | 1500m T11         | T11              | 04:21.42                  | 04:32.00               |
| 38 | 1500m T13         | T12*/13          | 03:58.32                  | 04:08.00               |
| 39 | 1500m T20         | T20              | 03:59.93                  | 04:12.00               |
| 40 | 1500m T38         | T37/38           | 04:23.86                  | 04:45.00               |
| 41 | 1500m T46         | T45/46           | 04:05.39                  | 04:26.00               |
| 42 | 1500m T52         | T51/52           | 03:56.52                  | 05:20.00               |
| 43 | 1500m T54         | T53/54           | 02:55.21                  | 03:07.00               |
| 44 | 5000m T11         | T11              | 16:04.27                  | 16:55.00               |
| 45 | 5000m T13         | T12/13           | 15:11.47                  | 15:57.00               |
| 46 | 5000m T54         | T53/54           | 10:00.27                  | 10:50.00               |
| 47 | Marathon T12      | T11/12           | 02:33:49                  | 03:00:00               |
| 48 | Marathon T46      | T45/46           | 02:47:39                  | 03:00:00               |
| 49 | Marathon T54      | T52/53/54        | 01:24:02                  | 01:35:00               |
| 50 | Long Jump T11     | T11              | 5.99m                     | 5.30m                  |
| 51 | Long Jump T12     | T12              | 6.65m                     | 6.00m                  |
| 52 | Long Jump T13     | T13              | 6.30m                     | 5.50m                  |
| 53 | Long Jump T20     | T20              | 6.65m                     | 6.00m                  |
| 54 | Long Jump T36     | T36              | 5.02m                     | 4.00m                  |
| 55 | Long Jump T37     | T37              | 5.80m                     | 5.00m                  |
| 56 | Long Jump T38     | T38              | 5.61m                     | 4.70m                  |
| 57 | Long Jump T47     | T45/46/47        | 6.65m                     | 6.10m                  |
| 58 | Long Jump T63     | T42, T61/63      | 5.42m                     | 4.40m                  |
| 59 | Long Jump T64     | T44, T62/64      | 6.50m                     | 5.50m                  |
| 60 | High Jump T47     | T45/46/47        | 1.86m                     | 1.50m                  |
| 61 | High Jump T63     | T42, T63         | 1.59m                     | 1.50m                  |
| 62 | High Jump T64     | T44, T64         | 1.86m                     | 1.40m                  |
| 63 | Club Throw F32    | F31/32           | 30.72m                    | 22.00m                 |
| 64 | Club Throw F51    | F51              | 27.49m                    | 17.00m                 |
| 65 | Discus Throw F11  | F11              | 36.41m                    | 29.00m                 |
| 66 | Discus Throw F37  | F37              | 45.46m                    | 39.00m                 |
| 67 | Discus Throw F52  | F51/52           | 17.19m                    | 10.00m                 |
| 68 | Discus Throw F56  | F54/55/56        | 37.26m                    | 33.00m                 |
| 69 | Discus Throw F64  | F43/44, F62/64   | 48.30m                    | 40.00m                 |
| 70 | Javelin Throw F13 | F12*/13          | 54.06m                    | 43.00m                 |
| 71 | Javelin Throw F34 | F33/34           | 26.38m                    | 19.00m                 |
| 72 | Javelin Throw F38 | F38              | 45.87m                    | 30.00m                 |
| 73 | Javelin Throw F41 | F40/41           | 34.83m                    | 27.00m                 |
| 74 | Javelin Throw F46 | F45/46           | 49.43m                    | 39.00m                 |

| No | Event Name        | Eligible Classes           | High Performance Standard | Minimum Entry Standard |
|----|-------------------|----------------------------|---------------------------|------------------------|
| 75 | Javelin Throw F54 | F53/54                     | 24.00m                    | 19.70m                 |
| 76 | Javelin Throw F57 | F56/57                     | 39.75m                    | 31.00m                 |
| 77 | Javelin Throw F64 | F42/43/44,<br>F61/62/63/64 | 55.20m                    | 44.00m                 |
| 78 | Shot Put F11      | F11                        | 11.63m                    | 7.50m                  |
| 79 | Shot Put F12      | F12                        | 13.38m                    | 11.50m                 |
| 80 | Shot Put F20      | F20                        | 14.22m                    | 11.00m                 |
| 81 | Shot Put F32      | F32                        | 8.47m                     | 6.50m                  |
| 82 | Shot Put F33      | F33                        | 8.88m                     | 6.50m                  |
| 83 | Shot Put F34      | F34                        | 10.24m                    | 7.70m                  |
| 84 | Shot Put F35      | F35                        | 13.45m                    | 9.00m                  |
| 85 | Shot Put F36      | F36                        | 12.69m                    | 9.00m                  |
| 86 | Shot Put F37      | F37                        | 12.69m                    | 11.00m                 |
| 87 | Shot Put F40      | F40                        | 9.02m                     | 6.00m                  |
| 88 | Shot Put F41      | F41                        | 10.65m                    | 8.70m                  |
| 89 | Shot Put F46      | F45/F46                    | 14.29m                    | 11.00m                 |
| 90 | Shot Put F53      | F53                        | 7.12m                     | 5.00m                  |
| 91 | Shot Put F55      | F54/55                     | 10.66m                    | 9.50m                  |
| 92 | Shot Put F57      | F56/57                     | 12.49m                    | 11.00m                 |
| 93 | Shot Put F63      | F42, F61/63                | 12.99m                    | 11.20m                 |

## WOMEN

| No | Event Name | Eligible Classes | High Performance Standard | Minimum Entry Standard |
|----|------------|------------------|---------------------------|------------------------|
| 1  | 100m T11   | T11              | 13.26                     | 14.50                  |
| 2  | 100m T12   | T12              | 12.51                     | 14.30                  |
| 3  | 100m T13   | T13              | 13.07                     | 15.00                  |
| 4  | 100m T34   | T33/34           | 20.15                     | 25.00                  |
| 5  | 100m T35   | T35              | 16.14                     | 20.50                  |
| 6  | 100m T36   | T36              | 15.29                     | 17.30                  |
| 7  | 100m T37   | T37              | 14.43                     | 15.40                  |
| 8  | 100m T38   | T38              | 13.88                     | 15.20                  |
| 9  | 100m T47   | T45/46/47        | 12.92                     | 13.60                  |
| 10 | 100m T53   | T53              | 17.59                     | 20.00                  |
| 11 | 100m T54   | T54              | 17.33                     | 18.25                  |
| 12 | 100m T63   | T42, T63         | 16.62                     | 20.00                  |
| 13 | 100m T64   | T44, T62/64      | 13.56                     | 16.00                  |
| 14 | 200m T11   | T11              | 27.11                     | 31.00                  |
| 15 | 200m T12   | T12              | 25.96                     | 30.00                  |
| 16 | 200m T35   | T35              | 34.15                     | 42.00                  |
| 17 | 200m T36   | T36              | 32.93                     | 37.00                  |
| 18 | 200m T37   | T37              | 29.83                     | 33.20                  |
| 19 | 200m T47   | T45/46/47        | 26.59                     | 29.00                  |
| 20 | 200m T64   | T44, T64         | 28.11                     | 33.00                  |
| 21 | 400m T11   | T11              | 01:02.19                  | 01:12.00               |
| 22 | 400m T12   | T12              | 01:01.89                  | 01:12.00               |
| 23 | 400m T13   | T13              | 01:02.73                  | 01:16.00               |
| 24 | 400m T20   | T20              | 01:00.06                  | 01:06.00               |
| 25 | 400m T37   | T37              | 01:07.84                  | 01:20.00               |
| 26 | 400m T38   | T38              | 01:06.11                  | 01:17.00               |
| 27 | 400m T47   | T45/46/47        | 01:01.99                  | 01:14.00               |
| 28 | 400m T53   | T53              | 57.32                     | 01:10.00               |
| 29 | 400m T54   | T54              | 57.53                     | 01:01.00               |
| 30 | 800m T34   | T33/34           | 02:36.74                  | 02:50.00               |
| 31 | 800m T53   | T53              | 01:52.50                  | 02:22.00               |
| 32 | 800m T54   | T54              | 01:51.21                  | 02:05.00               |
| 33 | 1500m T11  | T11              | 04:56.28                  | 06:20.00               |
| 34 | 1500m T13  | T12*/13          | 04:56.57                  | 05:35.00               |
| 35 | 1500m T20  | T20              | 04:57.48                  | 05:20.00               |
| 36 | 1500m T54  | T53/54           | 03:28.72                  | 03:50.00               |
| 37 | 5000m T54  | T53/54           | 11:45.61                  | 13:30.00               |

| No | Event Name        | Eligible Classes | High Performance Standard | Minimum Entry Standard |
|----|-------------------|------------------|---------------------------|------------------------|
| 38 | Marathon T12      | T11/12           | 03:15:29                  | 03:35:00               |
| 39 | Marathon T54      | T52/53/54        | 01:44:43                  | 01:58:00               |
| 40 | Long Jump T11     | T11              | 4.60m                     | 3.40m                  |
| 41 | Long Jump T12     | T12              | 4.93m                     | 3.70m                  |
| 42 | Long Jump T20     | T20              | 5.17m                     | 4.30m                  |
| 43 | Long Jump T37     | T37              | 4.06m                     | 3.50m                  |
| 44 | Long Jump T38     | T38              | 4.56m                     | 3.75m                  |
| 45 | Long Jump T47     | T45/46/47        | 5.05m                     | 4.00m                  |
| 46 | Long Jump T63     | T42, T61/63      | 3.93m                     | 3.00m                  |
| 47 | Long Jump T64     | T44, T62/64      | 5.14m                     | 3.80m                  |
| 48 | Club Throw F32    | F31/32           | 17.44m                    | 13.00m                 |
| 49 | Club Throw F51    | F51              | 11.92m                    | 10.00m                 |
| 50 | Discus Throw F11  | F11              | 26.35m                    | 18.00m                 |
| 51 | Discus Throw F38  | F37/38           | 26.05m                    | 22.00m                 |
| 52 | Discus Throw F41  | F40/41           | 22.60m                    | 17.00m                 |
| 53 | Discus Throw F53  | F51/52/53        | 11.62m                    | 6.00m                  |
| 54 | Discus Throw F55  | F54/55           | 19.45m                    | 14.50m                 |
| 55 | Discus Throw F57  | F56/57           | 26.68m                    | 19.00m                 |
| 56 | Discus Throw F64  | F43/44, F62/64   | 28.90m                    | 18.00m                 |
| 57 | Javelin Throw F13 | F12*/13          | 33.04m                    | 19.00m                 |
| 58 | Javelin Throw F34 | F33/34           | 13.80m                    | 11.50m                 |
| 59 | Javelin Throw F46 | F45/46           | 32.89m                    | 18.00m                 |
| 60 | Javelin Throw F54 | F53/54           | 13.71m                    | 9.00m                  |
| 61 | Javelin Throw F56 | F55/56           | 16.98m                    | 13.00m                 |
| 62 | Shot Put F12      | F11*/12          | 11.02m                    | 9.00m                  |
| 63 | Shot Put F20      | F20              | 11.92m                    | 10.00m                 |
| 64 | Shot Put F32      | F32              | 5.35m                     | 3.00m                  |
| 65 | Shot Put F33      | F33              | 5.59m                     | 3.50m                  |
| 66 | Shot Put F34      | F34              | 6.20m                     | 5.20m                  |
| 67 | Shot Put F35      | F35              | 6.57m                     | 6.00m                  |
| 68 | Shot Put F36      | F36              | 7.14m                     | 6.00m                  |
| 69 | Shot Put F37      | F37              | 8.88m                     | 7.50m                  |
| 70 | Shot Put F40      | F40              | 6.17m                     | 4.00m                  |
| 71 | Shot Put F41      | F41              | 7.85m                     | 5.50m                  |
| 72 | Shot Put F54      | F54              | 6.30m                     | 4.30m                  |
| 73 | Shot Put F57      | F56/57           | 9.35m                     | 7.00m                  |

## UNIVERSAL

| No | Event Name             | Eligible Classes                                      | High Performance Standard | Minimum Entry Standard |
|----|------------------------|---|---------------------------|------------------------|
| 1  | 4x100m Universal Relay | T11-13,<br>T33-34/T51-54,<br>T35-38,<br>T42-47/T61-64 | -                         | -                      |

\* Eligible class(es) shall compete under the rules of their own class.